

What do patients treated with Urgent PC say about their experience?

In control of restroom trips

"As a teacher, I couldn't just leave the classroom when I had an urge. For me, the biggest change since starting this therapy is that I'm in control of my restroom trips and I no longer void before I make it to the restroom." - Elaine*

Now well-rested

"PTNS therapy has been a miracle for me. My nighttime urges have been dramatically reduced and I'm now well-rested. I am free from the constant worry about accidents." - Iradine*

Able to finish errands

"PTNS has made a tremendous difference on my life. Before I couldn't even finish running my errands during the day. I still, out of habit, look for the bathrooms and where they are. But I know I don't need them." - Sylvia*

Forget to carry pads

"Prior to my introduction to this therapy, I needed to carry pads with me so that I would not have accidents. With this therapy I pretty much forget that I have to carry pads with me. I've been able to take up a pretty regular lifestyle and not have to worry about leaking or an embarrassing situation." - Joan*

* Results may vary, not all patients obtain the same outcomes.



Urgent® PC

Neuromodulation System

- Treats urinary urgency, urinary frequency and urge incontinence
- Out-patient treatment
- Highly effective: Multiple studies show patient response of 60 - 80%^{1,2}
- Provides significant reductions in the frequency of bathroom visits and in wetting accidents¹
- May be successful even when other therapies have failed²
- May be used alone or in combination with other therapies, depending on your response to Urgent PC and your doctor's discretion



The **Urgent® PC Neuromodulation System**, is a non-drug, out-patient treatment for urinary urgency, urinary frequency and urge incontinence.

Ask your doctor to learn more about Urgent PC and neuromodulation.



Does your
Overactive Bladder
control your life?

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1. MacDiarmid, S.A., & Staskin, D.R. (2009). Percutaneous tibial nerve stimulation (PTNS): A literature-based assessment. *Current Bladder Dysfunction Reports*, 4, 29-33.
2. Visit www.uroplasty.com to view clinical articles highlighting patient response.

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Urgent® PC

Neuromodulation System

A simple, effective
out-patient treatment.



Do you have any of these symptoms?

If you answer “yes” to any of the following, you may be a candidate for Urgent PC therapy:

- Do you urinate more than 8 times during the day?
- Do you urinate more than twice during the night?
- Are you bothered by the number of times you urinate?
- Do you often have an overwhelming urge to urinate, an urge that is difficult to ignore?
- Have you had wetting accidents because you are unable to control the urge to urinate and are unable to get to the restroom in time?

What causes these symptoms?

Specific nerves and the muscles surrounding your bladder regulate bladder function. These symptoms may be caused by any disruption to this regulation, which may include:

- Pregnancy and childbirth
- Pelvic surgery
- Prostate surgery
- Medication
- Natural aging process
- Chronic disease
- Trauma
- Obesity

**Ask your doctor
if Urgent® PC is right for you**

How are bladder control problems evaluated?

To make a diagnosis, your doctor may take your medical history, test your bladder function, and ask you to complete a voiding diary. In a voiding diary you will record your symptoms of urgency and frequency and any urge incontinence episodes.

What treatment options are most often prescribed?

- Behavior modification, such as monitoring fluid intake
- Pelvic muscle strengthening, such as Kegel exercises or biofeedback
- Drug therapy, using prescriptions to relax bladder activity
- Neurostimulation, stimulating nerves that control your bladder

What is neurostimulation?

Bladder function is regulated by a group of nerves at the base of the spine called the sacral nerve plexus. By stimulating these nerves through gentle electrical impulses (neurostimulation), your bladder activity can be changed. One way to stimulate these nerves is to surgically implant a stimulator in your buttocks to send continuous impulses to the sacral nerve plexus.

Another way to stimulate these nerves is with Urgent PC, an out-patient minimally-invasive treatment for urinary urgency, urinary frequency and urge incontinence.



What can I expect from treatment with Urgent PC?

A small, slim needle electrode is temporarily inserted near your ankle. The needle electrode is then connected to the battery-powered stimulator. After turning on the stimulator, your doctor will observe your body’s response to determine the ideal strength of the impulses.

Each of your treatment sessions will last approximately 30 minutes. You will receive an initial series of 12 treatments, typically scheduled a week apart. After the initial 12 treatments, your doctor will discuss your response to the treatments and determine how often you will need future treatments to maintain your results.

What will I feel with Urgent PC therapy?

Because patients may experience the sensation of the Urgent PC treatment in different ways, it’s difficult to say what the treatment would feel like to you. However, treatment with Urgent PC is typically well-tolerated by patients. Urgent PC offers many different levels of stimulation, so your doctor will be able to adjust treatment to suit you as well as address any discomfort that you might experience during treatment.

How soon will I see results?

Because Urgent PC gently modifies the signals to achieve bladder control, it will probably take at least 6 treatments for you to see your symptoms change. A majority of individuals using this type of neuromodulation experience significant improvement in their bladder control symptoms. It is important that you continue receiving treatments for the recommended 12 treatments before you and your doctor evaluate whether this therapy is an appropriate treatment for your symptoms.

